



Sardines: Hide-and-Seek in Reverse

Players: 3 or more | Ages: 4-7 | Time: 15-30 minutes

What You Need:

- A yard, park, or large room with hiding spots
- 3+ players

How to Play:

1. Pick one player to be the Sardine. Everyone else closes their eyes and counts to 30.
2. The Sardine hides somewhere while the others count.
3. When counting is done, everyone spreads out to search — individually, not as a group.
4. When a seeker finds the Sardine, they quietly squeeze into the hiding spot too. No announcing it!
5. The game continues until the last seeker finds the packed hiding spot.
6. The last person to find the group is the next Sardine.

Tips for Parents:

- Set boundaries for the playing area before you start.
- Younger kids might need a buddy seeker.
- The silliest part is everyone trying to stay quiet while crammed together.